

FORT LEE DEPARTMENT OF RECREATION

IMPORTANT – PLEASE READ THE FOLLOWING REGISTRATION PROCEDURES

Payment for classes: Check, money order, or cash only (exact change is appreciated)

Registration takes place at the Fort Lee Recreation Center, at 1500 8th Street (the bottom of Stillwell Avenue). Our office number is 201-592-3612.

Registration for Fall 2016 classes is as follows:

Tennis Classes and All Adult Classes ONLY: Fort Lee Residents may register for any tennis or adult classes beginning Monday, September 12th. Proof of residency is required. Registration will take place weekdays from 9:00 AM – 3:30 PM. Non-Residents may begin registering only for tennis and adult classes beginning September 19th.

Children's Classes: Initial registration for FORT LEE RESIDENTS only will take place Saturday, September 24th and Sunday, September 25th from 2:00 P.M. – 5:00 P.M. Numbers will be assigned upon order of arrival. No one will be allowed to register for more than one individual outside his or her family.

NON-RESIDENTS WILL BE ABLE TO REGISTER FOR ANY AVAILABLE PRE-K OR K-12 CLASSES BEGINNING MONDAY, OCTOBER 3rd.

DUE TO AN OVERLAP OF AGES, REGISTRATION FOR "MAD SCIENCE FOR JUNIORS," "INTRODUCTION TO BALLET" AND "ABRAKADOODLE – I CAN DRAW AND PAINT" WILL BEGIN ON SATURDAY DURING PRE-SCHOOL PROGRAM REGISTRATION.

SATURDAY, September 24th: Fort Lee residents may register for all **Pre-K Classes** listed below. No registrations for K-12 or Adult Classes will be accepted during this time!

ABRAKADOODLE – I CAN DRAW AND PAINT
ABRAKADOODLE – MINI DOODLER
ABRAKADOODLE – TWOOSY DOODLER
BONNIE BLU INTRODUCTION TO BALLET
BONNIE BLU TINY DANCERS
CREATIVE TOTS
GETTING READY FOR TWO YEAR OLDS
GETTING READY FOR THREE YEAR OLDS
HAPPY PIANO

JULIE'S MUSIC APPRECIATION
KIDZMUSIK FOR TINYTOTS
MAD SCIENCE FOR JUNIORS
MOMMY AND ME PLAY ART
SOCCER ELEMENTS
SOCCER SIPS
USSI SPORT SQUIRTS
YOGA FOR MOMMY AND ME

SUNDAY, SEPTEMBER 25th: Fort Lee residents may register for all K - 12 Programs. You may also register for any Pre-K and Adult classes that still remain available.

NO REGISTRATIONS WILL BE ACCEPTED ON MONDAY, SEPTEMBER 26th.

REGISTRATION WILL RESUME WEEKDAYS, STARTING TUESDAY, SEPTEMBER 27th FROM 9:00 A.M. – 3:30 P.M. AT THE RECREATION OFFICE.

*****REFUND POLICY*****

REFUNDS WILL ONLY BE GIVEN PRIOR TO THE CLASS START DATE. NO REFUNDS/CREDITS WILL BE GIVEN ONCE A CLASS HAS STARTED. IN THE EVENT A CLASS IS CANCELLED DUE TO INSUFFICIENT REGISTRATION, PARTICIPANTS WILL RECEIVE A FULL REFUND.

YOU MAY CHOOSE TO REGISTER AFTER A CLASS START DATE, HOWEVER, THE PRICE OF THE CLASS WILL NOT BE PRO-RATED.

Please Note: All registrants must be age appropriate by the time of the first scheduled class. Any registrants not age appropriate will be placed on a waiting list.

If you have not registered with us before, we will require the following information at the time of registration: Name of participant, Address, Home Telephone Number, Emergency Telephone Number, School, Proof of Age (**Birth Certificate or Passport**), and Proof of Residency (**ONLY a lease, deed, property tax bill, maintenance agreement, most recent cancelled maintenance check, most recent cancelled rent check, a Community Center Identification Card, or a valid drivers license will be accepted**).

We encourage anyone who has not previously registered with us to come into the office to be placed in our computer system before the first day of registration. Please be sure to bring in all necessary information as listed above. Doing this will expedite the registration procedure.

FALL PROGRAM FACILITIES

Recreation Office / Recreation Center
1500 8th Street - Bottom of Stillwell Avenue
(201) 592-3612

Youth Center
2265 Lemoine Avenue
(201) 592-3755

Jack Alter Community Center
1355 Inwood Terrace
201-592-4699

FORT LEE RECREATION DEPARTMENT WEBSITE

The Borough of Fort Lee has an official website on the Internet: www.fortleenj.org. Just click the Recreation Department link in order to view our seasonal bulletins, facilities, and other information.

PRE-K PROGRAMS

ABRAKADOODLE® “I CAN DRAW AND PAINT”

Tuesday: 3:45 – 4:45 P.M.
Ages: 4 – 6 years
Session: 8 weeks

Location: Youth Center
Begins: October 18th
Limit per class: 12
Fee: \$130.00*

*****Please note: Due to an overlap of ages, registration for this class begins Saturday, September 24th**

This series has been created especially for small hands and young minds! Your child will get to imagine, connect, scribble, scratch, loop, mark and trace – creating beautiful, one of a kind drawings that include animals, people, plants and even boats! Inspired by the works of Brazilian artist Beatriz Milhazes, American painter William Bradford and more, they will create their own amazing masterpieces. Dress for messy fun!!!!

***CHECKS MUST BE MADE PAYABLE TO ABRAKADOODLE**

ABRAKADOODLE® MINI-DOODLER – “I LOVE ART”

Wednesday 10:45 A.M. – 11:30 A.M. begins October 19th
Saturday: 11:15 A.M. – 12:00 P.M. begins October 15th
Ages: 3 – 5 years

Location: Youth Center
Limit per class: 10
Session: 8 weeks
Fee: \$115.00*

Your child will “FALL” into fun, and a love for art as they develop their fine motor / visual perception skills with this captivating art class. Using watercolor paints, clay, and an assortment of awesome textured materials, your “mini-artist” will create their own impressive masterpieces inspired by the works of Matisse, Monet, Whistler and other renowned artists! All paints are washable! Dress for messy fun!

*** CHECKS MUST BE MADE PAYABLE TO ABRAKADOODLE**

ABRAKADOODLE® TWOOSY DOODLER – “ I LOVE ART”

Wednesday: 9:45 A.M. – 10:30 A.M. begins October 19th
Saturday: 10:15 A.M. – 11:00 A.M. begins October 15th
Ages: 18 months – 3 years (with caregiver)

Location: Youth Center
Limit per class: 10
Session: 8 weeks
Fee: \$115.00*

Toddlers along with a parent or caregiver can join us for some “fall fun”. In this “first art” class, your child will learn to develop their fine motor skills while working with a mixture of different art mediums. Your budding artist will paint, explore print-making, practice cutting, and create their own masterpieces inspired by the art of Matisse, Monet and Whistler. All paints are washable! Dress for messy fun!

*** CHECKS MUST BE MADE PAYABLE TO ABRAKADOODLE**

BONNIE BLU - INTRODUCTION TO BALLET

Tuesday: 4:30 – 5:10 P.M. (large room – limit 20) Location: Recreation Center
5:15 – 5:55 P.M. (small room – limit 15) Begins: October 18th
Ages: 4 - 6 years Fee: \$90.00*
Session: 8 weeks

*****Please note: Due to an overlap of ages, registration for this class begins Saturday, September 24th.**

Your little ones will begin to learn all the ballet basics including positions, turns and combinations to a selection of music from Disney classics. A perfect beginning for the future prima ballerina! Ballet flats are suggested for this class. Classes are taught by instructors from Bonnie Blu Dance.

***CHECKS MUST BE MADE PAYABLE TO BONNIE BLU DANCE**

BONNIE BLU - TINY DANCERS

Tuesday: 3:45 – 4:25 P.M. Location: Recreation Center
Ages: 3 – 5 years Begins: October 18th
Session: 8 weeks Class Limit: 20
Fee: \$90.00*

The perfect beginning for your little dancer! This class introduces children to basic jazz and ballet movements. Dance routines incorporate singing to make this a complete and fun musical experience for your little one. Instructors from Bonnie Blu Dance

***CHECKS MUST BE MADE PAYABLE TO BONNIE BLU DANCE**

CREATIVE TOTS

Monday: 2:00 – 2:45 P.M. Location: Youth Center
3:00 – 3:45 P.M. Begins: October 17th
Ages: 4 - 5 years (Not in Kindergarten) Limit per Class: 8
Session: 8 weeks Fee: \$25.00

This program is a creative, interactive art class designed to develop artistic skills and build confidence. Drawing, collage, watercolor and tempera painting will be introduced. Instructor: Dina Pappas.

Please note: **Children should bring a smock to each class.**

CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE

“GETTING READY” FOR TWO YEAR OLDS MOMMY AND ME CLASS

Thursday: 9:30 – 10:30 A.M. Location: Youth Center
10:45 - 11:45 A.M. Begins October 20th
Ages: 2 years Limit per class: 8
Session: 8 weeks Fee: \$40.00

This exciting class is perfect for you and your little one to experience the joys of play, learning and making new friends! “Getting Ready” will enable your toddler to develop a sense of mini-independence through games, stories, and the use of age-appropriate crafts.” And the best part is you, as a parent or caregiver, get to join in the fun with your little one! Instructor: Dina Pappas

CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE

“GETTING READY” FOR THREE YEAR OLDS
MOMMY AND ME CLASS

Friday:	10:00 – 10:50 A.M. 11:00 – 11:50 A.M.	Location: Youth Center
Ages:	3 years	Begins: October 14 th
Session:	8 weeks	Limit per class: 8 Cost: \$40.00

Your preschooler will start to “get ready” for “real school” with this brand new class. Children will learn to interact with each other, and their parent/caregiver, while learning basic concepts and skills. Colors, letters, and number recognition will be introduced, as well as singing, arts and crafts, puzzle-solving and of course, play! Children will learn, build their confidence, enhance cognitive skills and start to make new friends. Instructor: Dina Pappas
CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE

THE HAPPY PIANO®

Thursday:	1:00 – 1:45 P.M.	Location: Youth Center
Ages:	3 – 5 years	Begins: October 20 th
Session:	8 weeks	Class limit: 7
Fee:	\$170 (includes a \$35 material fee that is charged once per school year)	

Parents – early piano will benefit your child now, and time and time again in the years to come. The piano is a powerful educational tool proven to be a foremost way of enhancing a young child’s higher brain function and critical thinking skills. PLUS it’s fun! Children learn to play familiar songs on the piano and foundations of music theory. An in class keyboard is provided for each child! Small class size means more individual attention! Let Happy Piano show your child a love for music.

***CHECKS MUST BE MADE PAYABLE TO HAPPY PIANO**

JULIE’S MUSIC APPRECIATION

Friday:	9:15 – 10:00 A.M. (6 months – 3 years) 10:15 – 11:00 A.M. (6 months – 3 years)	Location: Jack Alter Community Center
Saturday:	10:15 – 11:00 A.M (6 months – 4 years)	Begins: Friday, October 14 th Saturday, October 15 th
Session:	8 weeks	Limit per class: 15
Fee:	\$100.00*	

This class will highlight the universal language of music. Parents and children will experience a wide variety of musical pieces and learn musical concepts such as dynamics, tempo, rhythm, tone and pitches. These classes are designed to expose children to a unique musical experience that will result in a greater appreciation for music.

*** CHECKS MUST BE MADE PAYABLE TO JULIE SUNG**

KIDZMUSIK FOR TINYTOTS WITH “MR. JOE & CARMEN”

Monday:	10:15 – 11:00 A.M.	Location: Recreation Center
Ages:	6 months – 4 years	Begins: October 17 th
Session:	8 weeks	Class limit: 25 Fee: \$100.00*

Children and adults alike will enjoy taking a musical journey with us into melody, harmony, and rhythm, where fun and enrichment are the ultimate goals! Our “tiny tots” will learn about the dynamics of tempo, pitch and timbre, play with age-appropriate musical instruments, dress in colorful costumes and dance and sing along with favorite characters like Elmo, Dora the Explorer, and Mickey Mouse! Join us for fun and leave with satisfaction in this all-inclusive musical adventure! ***CHECKS MUST BE MADE PAYABLE TO KIDZMUSIK**

MAD SCIENCE FOR JUNIORS **“CRAZY CHEM WORKS”**

Thursday:	4:00 – 4:45 P.M.	Location: Youth Center
Ages:	4 - 6 years	Begins: October 20 th
Session:	8 weeks	Class Limit: 20
		Fee: \$100.00*

*****Please note: Due to an overlap of ages, registration for this class begins Saturday, September 24th**

In this awesome program, the children take on roles of potential chemists as they create and concoct with science! From super-sticky stuff to our amazing “dry ice-capades”, each class will take them on a journey through amazing “hands-on” science! Creating crazy chemical reactions that pop and fizz, conducting experiments that glow in the dark and even assembling their very own “home-lab” are just of the projects for your Junior Scientist!

***CHECKS MUST BE MADE PAYABLE TO MAD SCIENCE OF NORTHEAST NEW JERSEY**

MOMMY (or DADDY) AND ME **PLAY ART CLASS**

Tuesday:	10:00 – 10:45 A.M. 11:00 – 11:45 A.M. 12:00 – 12:45 P.M.	Location: Youth Center
Ages:	2 & 3 years	Begins: October 18 th
Session:	8 weeks	Limit per Class: 8
		Fee: \$25.00

In this class, parents will help the children develop their artistic skills. Toddlers will be introduced to basic drawing, painting and collage work, as well as special projects geared to children’s stories and fairy tales. Each child must have a parent or adult caretaker present at class. Instructor: Dina Pappas

Please note: Children, and perhaps adults, should bring a smock to each class.

CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE

SOCCER ELEMENTS

Saturday:	10:00 - 10:45 A.M.	Location: Jack Alter Community Center
Ages:	4 & 5 years	Begins: October 15 th
Session:	7 weeks	Class Limit: 24
		Fee: \$85.00*

Soccer Elements is our next step program. While continuing in a fun environment, players will learn the key techniques of soccer including: dribbling, passing and shooting. This program is ideal for our 5 year olds and those 4 year-old children that are confident in group environments. Children should wear shorts or sweat pants, t-shirts, sneakers and shin guards.

***CHECKS MUST BE MADE PAYABLE TO: PROACTIVE SPORTS**

SOCCER SIPS

Saturday: 9:00 – 9:45 A.M.
Ages: 3 & 4 years
Session: 7 weeks

Location: Jack Alter Community Center
Begins: October 15th
Class Limit: 24
Fee: \$85.00*

Soccer Sips is a dynamic, creative, non-competitive soccer program for pre- school children, ages 3 – 4 years. Trained coaches and pre- school professionals will offer a positive introduction to soccer in a friendly environment. All participants will receive a certificate at the session's end. Children should wear shorts or sweat pants, t-shirts, sneakers and shin guards.

***CHECKS MUST BE MADE PAYABLE TO: PROACTIVE SPORTS**

USSI SPORT SQUIRTS

Thursday 3:30 – 4:30 P.M.
4:30 – 5:30 P.M.
Ages: 3 – 5 years
Session: 5 weeks

Location: Jack Alter Community Center
Begins: October 13th
Limit per class: 10
Fee: \$110.00

Your child will love this exciting program as they are introduced to lacrosse, soccer, basketball, t-ball, floor hockey and flag football! The US Sports Institute brings a fun, non-competitive environment that encompasses hand/eye coordination, balance, and agility, all key factors to the early development of children in sport.

***CHECKS MUST BE MADE PAYABLE TO USSI**

YOGA FOR MOMMY AND ME

Thursday: 10:15 – 11:00 A.M.
Ages: 18 months – 4 years
Session: 8 weeks

Location: Recreation Center
Begins: October 20th
Limit per class: 20
Fee: \$100.00*

This class, taught by renowned Yoga therapist Margie Leal, offers a great bonding experience for mommies (or daddies) and their little one. Creativity, self-expression and fun are combined to bring the child (and their caregiver) some truly unique moments with engaging toddler-oriented themes. Tots and their chaperone are encouraged to take the opportunity to make up poses fitting the class theme, and express their experiences freely throughout the session in a gentle, nurturing setting.

CHECKS MUST BE MADE PAYABLE TO MARGIE LEAL

K-12 CLASSES

ABRAKADOODLE® “I CAN DRAW AND PAINT”

Tuesday: 3:45 – 4:45 P.M.
Ages: 4 – 6 years
Session: 8 weeks

Location: Youth Center
Begins: October 18th
Limit per class: 12
Fee: \$130.00*

*****Please note: Due to an overlap of ages, registration for this class begins Saturday, September 24th**

This series has been created especially for small hands and young minds! Your child will get to imagine, connect, scribble, scratch, loop, mark and trace – creating beautiful, one of a kind drawings that include animals, people, plants and even boats! Inspired by the works of Brazilian artist Beatriz Milhazes, American painter William Bradford and more, they will create their own amazing masterpieces. Dress for messy fun!!!!

***CHECKS MUST BE MADE PAYABLE TO ABRAKADOODLE**

ABRAKADOODLE® STEP BY STEP ART

Tuesday: 5:00 – 6:00 P.M. October 18th
Saturday: 12:15 – 1:15 P.M. begins October 15th
Ages: Grades 1 - 5
Session: 8 weeks

Location: Youth Center
Class Limit: 12
Fee: \$130.00

For kids who want to create amazing artwork, this is the perfect class! Join us, as we make use of “step by step” art projects, creating one-of-a-kind drawings and paintings. From colorful landscapes, to ocean scenes with Dory and Nemo and even ninja turtles – we will teach you all you need to know to create impressive art – one step at a time! Dress for messy fun!

***CHECKS MUST BE MADE PAYABLE TO ABRAKADOODLE**

BONNIE BLU BUBBLEGUM HIP HOP

Tuesday: 5:15 – 5:55 P.M.
Ages: 6 – 9 years
Session: 8 weeks

Location: Recreation Center
Begins: October 18th
Class Limit: 20
Fee: \$90.00*

Join us as we instruct your child in the “FUN”-damentals of dance. This class will feature great dance moves by incorporating music from today’s popular recording artists! We have the songs that “kids” love to dance to! Instructors from Bonnie Blu Dance.

***CHECKS MUST BE MADE PAYABLE TO BONNIE BLU DANCE**

BONNIE BLU HIP HOP

Tuesday: 6:00 – 6:40 P.M.
Ages: 9 – 12 years
Session: 8 weeks

Location: Recreation Center
Begins: October 18th
Class Limit: 20
Fee: \$90.00*

Learn entire dance routines, accompanied by the music of today’s popular recording artists. This class is perfect for the dancer who wants to “go beyond” the basic dance routines! Instructors from Bonnie Blu Dance.

***CHECKS MUST BE MADE PAYABLE TO BONNIE BLU DANCE**

BONNIE BLU - INTRODUCTION TO BALLET

Tuesday: 4:30 – 5:10 P.M. (large room – limit 20) Location: Recreation Center
5:15 – 5:55 P.M. (small room – limit 15) Begins: October 18th
Ages: 4 - 6 years Fee: \$90.00*
Session: 8 weeks

*****Please note: Due to an overlap of ages, registration for this class begins Saturday, September 24th.**

Your little ones will begin to learn all the ballet basics including positions, turns and combinations to a selection of music from Disney classics. A perfect beginning for the future prima ballerina! Ballet flats are suggested for this class. Classes are taught by instructors from Bonnie Blu Dance.

***CHECKS MUST BE MADE PAYABLE TO BONNIE BLU DANCE**

BONNIE BLU PRE-TEEN TAP

Tuesday: 6:45 – 7:25 P.M. Location: Recreation Center
Ages: 9 – 12 years Begins: October 18th
Session: 8 weeks Class Limit: 12
Fee: \$90.00*

This special request class has been added for our more mature ‘tapsters’. Learn to enhance your coordination, combine that with rhythm and movement, add some great music and you start to enjoy all the rewards of Tap! Boys and girls, between the ages of 9-12, are welcome to join us as we “tap” our way into fun. Please note: tap shoes are required for this class. Instructors from Bonnie Blu Dance.

***CHECKS MUST BE MADE PAYABLE TO BONNIE BLU DANCE**

BONNIE BLU TAP

Tuesday: 4:30 – 5:10 P.M. Location: Recreation Center
Ages: 6 - 8 years Begins: October 18th
Session: 8 weeks Class Limit: 15
Fee: \$90.00

Learn to “tap away” to the rhythm of your favorite songs with this exciting class! This exciting dance class is being offered to boys and girls from 6 – 8. Please note: tap shoes are required for this class. Classes are taught by instructors from Bonnie Blu Dance.

***CHECKS MUST BE MADE PAYABLE TO BONNIE BLU DANCE**

*****NEW CLASS**

CHESS

NEW CLASS***

Tuesday: 4:45 – 5:45 P.M. Location: Jack Alter Community Center
Ages: Grades K – 5 Begins: October 18th
Session: 8 weeks Class limit: 25
Fee: \$120.00*

Chess is a complex game of strategy, incorporating elements of art, science, and sports! This intriguing game disciplines the mind and aids in the development of your logical thinking and abstract reasoning skills. Our beginner chess class, taught by instructors from the International Chess Academy, will incorporate all these qualities and teach your child the rules of the game, basic strategy, checkmate concepts and basic end-of-game principals. Join us this fall as we teach your child the intricacies of the “game of masters”!

***CHECKS MUST BE MADE PAYABLE TO I.C.A.**

*****NEW CLASS****COOKING AROUND THE WORLD****NEW CLASS*****

Wednesday: 4:15 – 5:00 P.M.
Ages: Grades K – 4
Session: 8 weeks

Location: Recreation Center
Begins: October 19th
Class limit: 20
Fee: \$150.00*

In this fun and creative class, children will learn about cooking all around the world. In this session, students will learn about foreign recipes and the many diverse styles of ethnic cooking and cultures! Our “junior chefs” will be able to try out “kid-friendly” recipes, native to each country and also learn about the importance of measuring and following steps that will guarantee the results of each tasty treat they create.

***CHECKS MUST BE MADE PAYABLE TO EDUCATION EXPLORERS**

CREATIVE CRAFTS

Wednesday: 4:00 – 4:40 P.M. - Grades 1 - 2
4:45 – 5:25 P.M. - Grades 1 - 2
5:30 – 6:10 P.M. - Grades 3 - 5
Session: 8 weeks

Location: Youth Center
Begins: October 19th
Limit per class: 10
Fee: \$20.00

This class is for “crafters” who enjoy working on new projects every week. They will delight in creating unique crafts that reflect the current season. Join us as we “fall into fun” with all new exciting projects.

Instructor: Kim Kellas

*Please note: **Children should bring a smock to each class.**

CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE

CUPCAKE WORKSHOP

Thursday: 4:00 – 4:50 P.M. – Grades K - 4
5:00 – 5:50 P.M. – Grades 1 - 5
Session: 6 weeks

Location: Recreation Center
Begins: October 20th
Class Limit: 12
Fee: \$85.00*

All new class for “Fall”! This “sweet” class, taught by the owner of Minty H Cupcakes, is perfect for children who want to learn the art of decorating cupcakes. Children will learn, and refine, decorating skills from simple color mixing to the more involved fondant flower-making, coloring frostings and fondants, as well as sugar craft techniques. Imagine their excitement as they begin learning the artistry of creating sugar birds and flowers, making a cupcake sundae and so much more! Please send a smock or apron with your child.

CHECKS MUST BE MADE PAYABLE TO MINA AU

DRAWING

Saturday: 11:00 A.M. – 12:00 P.M.
Ages: 7 – 13 years
Session: 8 weeks

Location: Recreation Center
Begins: October 15th
Class Limit: 16
Fee: \$20.00

Learn the fundamentals of basic drawing covering perspective, anatomy, and color. This class is for beginners and intermediate level drawing students. Required supplies include two drawing pencils, an 11” x 14” drawing pad and a set of colored markers. Instructor: Bill Camal

CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE

DRAWING – INTERMEDIATE/ADVANCED

Saturday: 12:00 – 1:00 P.M.
Ages: 7 – 13 years
Session: 8 weeks

Location: Recreation Center
Begins: October 15th
Class Limit: 16
Fee: \$20.00

Not for beginners, this Intermediate/Advanced Drawing class is for the more experienced student, between the ages of 7-13, who is looking to be challenged. Students will be instructed in drawing techniques that are both complex and developed. They are required to have the artistic ability that will allow them to fully participate in this demanding course. Each week, please bring drawing pencils, an 11 x 14 drawing pad and a set of colored markers to class. Instructor: Bill Camal

CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE

EXPRESS YOURSELF

Monday: 4:00 – 4:45 P.M. – Kindergarten only
4:45 – 5:30 P.M. - 1st grade only
Session: 8 weeks

Location: Youth Center
Begins: October 17th
Limit per class: 10
Fee: \$40.00

This creative, fun, interactive class is designed to develop your child's artistic skills by using a varied assortment of art supplies and crafts and by employing exciting art techniques. Enhance your child's understanding of the concepts of form, color and self-expression. Instructor: Dina Pappas.

Please note: **Children should bring a smock to class.**

CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE

*****NEW CLASS**

EXPLORER ENGINEERS

NEW CLASS***

Wednesday: 5:15 – 6:00 P.M.
Ages: Grades K - 4
Session: 8 weeks

Location: Recreation Center
Begins: October 19th
Limit per class: 20
Fee: \$130.00*

This fall session will introduce your "junior engineer" to the complex details of Science, Technology, Engineering, and Math (STEM) in a fun and challenging way. Children will be inspired to build on their instinctive curiosity as we teach them engineering concepts through hands-on, project-based ideas and lessons. Designing and building simple machines, studying roller coaster science, competing in paper structure engineering challenges and even constructing zip lines are just some of the amazing assignments they will participate in.

***CHECKS MUST BE MADE PAYABLE TO EDUCATION EXPLORERS**

FASHION'S DAY OUT BY HOBBY QUEST

Monday: 4:00 – 5:00 P.M.
Ages: Grades 2 – 5
Session: 8 weeks

Location: Recreation Center
Begins: October 17th
Class limit: 12
Fee: \$125.00*

Dressing up for a day out has never been more fun! Join us for fashion fun as we create outfits that will "wow" your family and friends with your trendy style. From the original sketch to the final fitting, you will be taught everything you need to know to design, create, and "fit" a dress that is yours and yours alone! We will even have a "fashion show" at the end of the 8-week session so you can model your design and display your ingenious flair for your family and friends!

***CHECKS MUST BE MADE PAYABLE TO HOBBY QUEST**

GOLF CLINIC BY TGA

Saturday: 9:30 – 10:30 A.M. – Ages 5 - 8
10:30 – 11:30 A.M. – Ages 9 - 12
Session: 6 weeks

Location: Jack Alter Community Center
Begins: October 15th
Limit per class: 16
Fee: \$110.00*

TGA – Premier Junior Golf is the only national after-school junior golf enrichment program. The TGA curriculum utilizes drills and language that make it fun for kids to learn golf. As students advance through the 5-Level program they will learn the basics and fundamentals of the sport, all while being prepared to play on the golf course. Setup, chipping, putting, full swing, and so much more will be taught.

***CHECKS MUST BE MADE PAYABLE TO TGA OF BERGEN COUNTY**

“GREAT TREASURE HUNT LEADERSHIP AND TEAM BUILDING GAMES” BY TEAMMAKERS

Monday: 4:00 – 5:00 P.M.
Ages: Grades 1 – 4
Session: 8 weeks

Location: Jack Alter Community Center
Begins: October 17th
Limit per class: 20
Fee: \$120.00*

Do you want your child to be active, have fun solving challenges, learn how to think critically and lead in activities? Each week the students will work as a team performing hi-energy, interactive games while having tremendous amounts of fun. Game themes include “Extreme Endurance”, “Operation A-Maze-Ing”, “It’s Arrrrr Treasure” and many more. All the games are giant-sized with every child participating, moving and working together as a team. The skills they learn will benefit them in their daily lives!

***CHECKS MUST BE MADE PAYABLE TO TEAM MAKERS OF NORTH JERSEY**

“KIDZ DO YOU WANT TO BE A POPSTAR?”

Friday: 4:00 – 4:45 P.M.
Ages: Grades K – 5
Session: 8 weeks

Location: Recreation Center
Begins: October 14th
Limit per class: 15
Fee: \$100.00*

This class is geared for all our future “American Idol” contestants! If you love singing and performing, this class is a perfect fit for you. You will be coached on how to be a solo singer and shine like a star! Learn how to entertain a crowd and develop skilled body movements that coordinate with the lyrics of age-appropriate “pop” songs. All this and more is in store for you, our future celebrity!

***CHECKS MUST BE MADE PAYABLE TO KIDZMUSIK**

“KIDZ GUITAR ROCKERS”

Wednesday: 4:30 – 5:15 P.M.
Ages: 5 – 8 years
Session: 8 weeks
Fee: \$199.00 includes a Rogue Guitar to keep. \$120 if child has their own guitar

Location: Jack Alter Community Center
Begins: October 19th
Limit per class: 7

Guitar playing has become so popular with children! Let us introduce your child to their first guitar instruction and to the world of musical instruments as well! Your mini-musician will learn strumming and picking methods, basic chords and will soon be singing along to their own musical accompaniment! Each child, (who does not already have their own guitar) will work with, and get to keep, their very own Rogue guitar, a very well-respected company in the music field!

***CHECKS MUST BE MADE PAYABLE TO KIDZMUSIK**

“KIDZ THEATRE FOR THE YOUNG ACTOR”

Wednesday: 3:45 – 4:30 P.M.
Ages: Grades K - 5
Session: 8 weeks

Location: Jack Alter Community Center
Begins: October 19th
Limit per class: 15
Fee: \$100.00*

Kidz Theatre offers children the opportunity to explore their imagination, improve their self-confidence, and most importantly experience a fun, rewarding outlet for their creativity. Our aspiring “actors and actresses” will participate in a variety of activities including theatre games, role-playing and more, all designed to develop their focus, vocal projection, and listening / movement skills.

****CHECKS MUST BE MADE PAYABLE TO KIDZMUSIK**

“KIDZ PUBLIC SPEAKING”

Friday: 4:45 – 5:30 P.M.
Ages: Grades K – 5
Session: 8 weeks

Location: Recreation Center
Begins: October 14th
Limit per class: 15
Fee: \$100.00*

This class will instruct your child in the art of how to “speak-up” for themselves, express their ideas effectively and, in turn, respect the opinion of others. An amazing combination of elocution lessons and etiquette reminders, your child will soon prove himself/herself to be capable of being at ease with public speaking, while displaying the good manners while dealing with “fellow speakers”. While using real microphones, the children will be encouraged to interact with their classmates using positive body language while “acting out” real life situations.

***CHECKS MUST BE MADE PAYABLE TO KIDZMUSIK**

MAD SCIENCE - “CRAZY CHEM WORKS”

Thursday: 5:00 – 6:00 P.M.
Ages: 7 – 9 years
Session: 8 weeks

Location: Youth Center
Begins: October 20th
Class limit: 20
Fee: \$105.00*

In this awesome program, the children take on roles of potential chemists as they create and concoct with science! From super-sticky stuff” to our amazing “dry ice-capades”, each class will take them on a journey through amazing “hands-on” science! Creating crazy chemical reactions that pop and fizz, conducting experiments that glow in the dark and even assembling their very own “home-lab” are just of the projects for your budding scientist!
Please note: that although the same program is presented in both Mad Science and Mad Science for Juniors, all projects/experiments will be geared to each specific age group!

***CHECKS MUST BE MADE PAYABLE TO MAD SCIENCE OF NORTHEAST NEW JERSEY**

MAD SCIENCE FOR JUNIORS “CRAZY CHEM WORKS”

Thursday: 4:00 – 4:45 P.M.
Ages: 4 - 6 years
Session: 8 weeks

Location: Youth Center
Begins: October 20th
Class Limit: 20
Fee: \$100.00*

*****Please note: Due to an overlap of ages, registration for this class begins Saturday, September 24th**

In this awesome program, the children take on roles of potential chemists as they create and concoct with science! From super-sticky stuff” to our amazing “dry ice-capades”, each class will take them on a journey through amazing “hands-on” science! Creating crazy chemical reactions that pop and fizz, conducting experiments that glow in the dark and even assembling their very own “home-lab” are just of the projects for your Junior Scientist!

***CHECKS MUST BE MADE PAYABLE TO MAD SCIENCE OF NORTHEAST NEW JERSEY**

*****NEW CLASS**

MARTIAL ARTS
EAST MEETS WEST SELF DEFENSE PROGRAM

NEW CLASS***

Thursday: 6:30 – 7:30 P.M.
Ages: 7 – 14 years
Session: 8 weeks

Location: Recreation Center
Begins: October 20th
Class Limit: 20
Fee: \$100.00*

Learn traditional, combined Martial Arts in an organized and controlled environment. This program, taught by certified Black Belt instructor Thomas Luterzo, will teach the students self-defense, discipline and self confidence. Many forms of martial arts will be combined to include the practices of striking and kicking, grappling, submission techniques and throws and sweeps.

PLEASE NOTE: Students are required to independently purchase heavyweight, white belted grappling uniforms for class. * **CHECKS MUST BE MADE PAYABLE TO THOMAS LUTERZO**

PING-PONG FUN

Saturday: 9:30 – 10:25 A.M. Ages 6 – 9 years
10:30 – 11:25 A.M. Ages 10 – 14 years
Session: 8 weeks

Location: Recreation Center
Begins: October 15th
Limit per class: 8
Fee: \$105.00*

Welcome to the exciting world of Table Tennis! Imagine a game which allows children to have fun while sharpening their mental skills, concentration and focus! Studies have shown that ping-pong (table tennis) stimulates a child's brain process while also affecting their bodies' developing muscles. Each class is divided into 3 sections for their maximum enjoyment including aerobic exercise with rhythmic music, "Robot Pong" and fun with ping-pong play.

* **CHECKS MUST BE MADE PAYABLE TO Kiddiegymusa LLC**

TENNIS CLINICS

Thursday: 3:30 – 4:30 P.M. Grades K - 1
4:30 – 5:30 P.M. Grades 2 - 3
5:30 – 6:30 P.M. Grades 4 - 5
6:30 – 7:30 P.M. Grades 6 and up
Session: 4 weeks

Location: Recreation Center
Begins: September 29th
Limit per Class: 6
Fee: \$80.00*

*****Please note: Registration for all tennis classes begins Monday, September 12th**

Two separate classes will be taught at each hour listed above. Small classes are broken into age groups for more individualized attention. Fundamentals will be taught, including: Forehand, Backhand, Serve and Volley. In case of inclement weather, any cancelled class will be made up at a later date. **Bring a racquet to class.**

Instructors: Barry Ruback and Staff.

***CHECKS MUST BE MADE PAYABLE TO All PRO TENNIS**

WATER COLOR WORKSHOP

Saturday: 10:00– 11:00 A.M.
Ages: 7 – 14 years
Session: 8 weeks

Location: Recreation Center
Begins: October 15th
Limit per class: 16
Fee: \$20.00

A class for the child who loves to paint. Learn watercolor techniques, including "dry-brush" and "wet on wet" methods. Students must have an 11 x 14 watercolor pad, a watercolor paint set and brushes to start. Instructor: Award-winning artist Bill Camal

CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE

ADULT CLASSES

Fort Lee Residents may register for any adult classes beginning Monday, September 12th. Proof of residency is required. Registration will take place weekdays from 9AM – 3:30 PM at the Recreation Office located at the bottom of Stillwell Avenue. Non-residents may register for any ADULT classes that remain available beginning September 19th.

Call 201-592-3612 for further information.

ADULT ART WORKSHOP

Thursday:	10:00 A.M. – 12:00 Noon	Location: Recreation Center
Ages:	18 and over	Begins: October 20 th
Session:	8 weeks	Limit: 10
		Fee: \$65.00

Study with one of Bergen County's award-winning artists who specializes in pastels, watercolor, and 3-dimensional acrylic art. We will introduce you to a world of creative expression encompassing these distinct art styles. You may choose to participate in one or all three of the art mediums that will be taught. This class is for anyone with a love of art – beginners or the more experienced artist as well. Please note: supply list will be provided at the time of registration. Instructor: Bill Camal

CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE

ADULT TENNIS

Thursday:	10:00 – 11:00 A.M. 7:30 – 8:30 P.M.	Location: Recreation Center Courts
Ages:	18 and over	Begins: September 29 th
Session:	4 weeks	Limit per Class: 6
		Fee: \$80.00*

Fundamentals will be taught, including Forehand, Backhand, Serve and Volley. In case of inclement weather, any cancelled class will be made up at a later date. **Bring a racquet to class.**

Instructors: Barry Ruback and Staff.

***CHECKS MUST BE MADE PAYABLE TO ALL PRO TENNIS**

BODY SCULPTING

Tuesday and/or Thursday	Location: Jack Alter Community Center
10:00 – 11:00 A.M.	Begins: Tuesday, September 27 th
Ages : 18 and over	Thursday: September 29 th
Session: 10 Weeks	Fee: \$110.00 for once a week*
Limit per Class: 25 (Minimum 8)	\$180.00 for twice a week*

Improve your muscle tone and overall appearance through this non-impact strength workout. Increase your physical strength and accelerate your metabolism. Reduce the risk of injuries by developing strong muscles, which helps to protect joints. Bring a mat to class! Weights will be discussed at the first class. Instructor: Ulli Arlt

***CHECKS MUST BE MADE PAYABLE TO ULLI ARLT**

FITNESS FIX

Wednesday: 7:00 – 8:00 P.M.
Ages: 18 and over
Session: 8 weeks

Location: Recreation Center
Begins: October 19th
Limit per class: 20
Fee: \$100.00

Remember when your strength, balance and coordination were second nature? Allow these simple exercises to instill your body and mind with renewed energy. Bring fitness back into your life by making your body stronger, more limber and balanced. With a ball and band, you will exercise your large and small muscles, abdominals, hands and feet to ensure better balance, strength and mental acuity. Revitalize your energy and strength! Your mind and body will thank you! The instructor Richard Portugal, is a certified Senior Fitness Trainer who currently teaches at Bergen Community College and the Ridgewood Community School.

CHECKS MUST BE MADE PAYABLE TO: SENIOR FITNESS STYLE

YOGA

Friday: 9:15 – 10:15 A.M.
Ages: 18 and over
Session: 9 weeks

Location: Jack Alter Community Center
Begins: September 30th
Fee: \$90.00*
Class limit: 25

Yoga strives to find balance in your physical, emotional and spiritual being, improves your body alignment, develops physical strength and more. Join us in this calming class and strengthen your body in a relaxing, non-competitive atmosphere. Please bring a mat to class.

***CHECKS MUST BE MADE PAYABLE TO ULLI ARLT**